

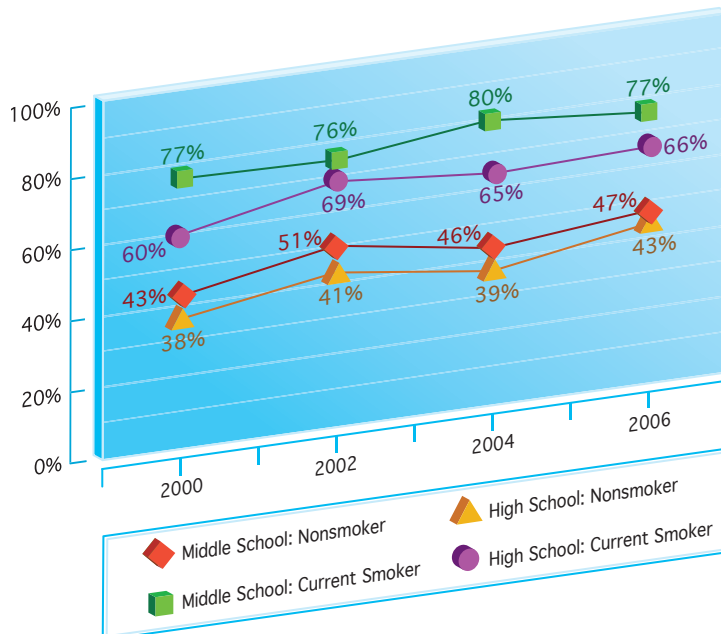
YOUTH EXPOSURE TO SECONDHAND SMOKE

Secondhand smoke is composed of smoke released from the burning end of a cigarette and smoke exhaled by smokers¹. According to the 2006 Surgeon General's report, secondhand smoke exposure causes disease and death among children and adults who do not smoke.

The only way to fully protect nonsmokers from secondhand smoke exposure is through 100% smoke-free environments. The latest information on how much Indiana young people are exposed to secondhand smoke in their homes and cars comes from the 2006 Indiana Youth Tobacco Survey.

¹The Health Consequences of Involuntary Exposure to Tobacco Smoke: A Report of the Surgeon General – [Atlanta, GA]: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, Coordinating Center for Health Promotion, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, [2006]

I. Youth Living with Someone who Smokes

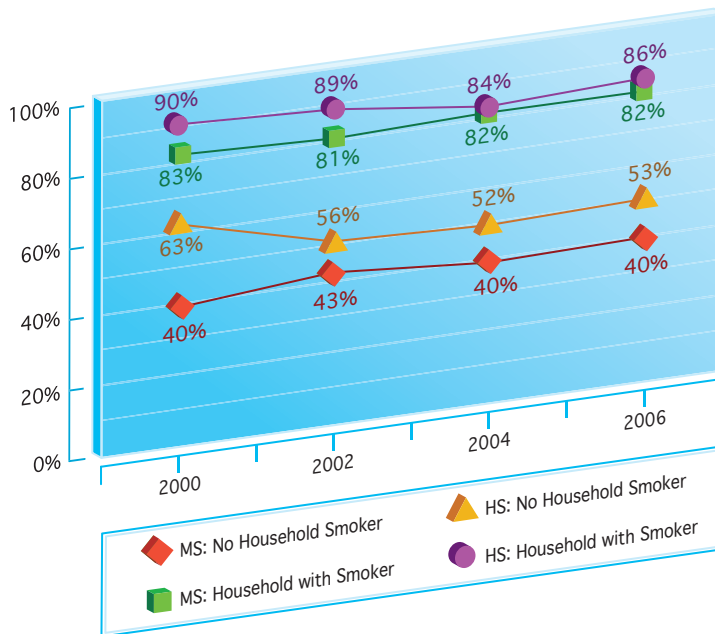


IA. PERCENTAGE OF INDIANA MIDDLE AND HIGH SCHOOL STUDENTS WHO LIVE WITH SOMEONE WHO SMOKES, 2000-2006

- Compared with nonsmokers, significantly more currently smoking youth live with someone who smokes.
- There was no significant change over time in the percentage of students who live with someone who smokes.

INDIANA YOUTH: EXPOSURE TO SECONDHAND SMOKE

II. Secondhand Smoke Exposure in a Room



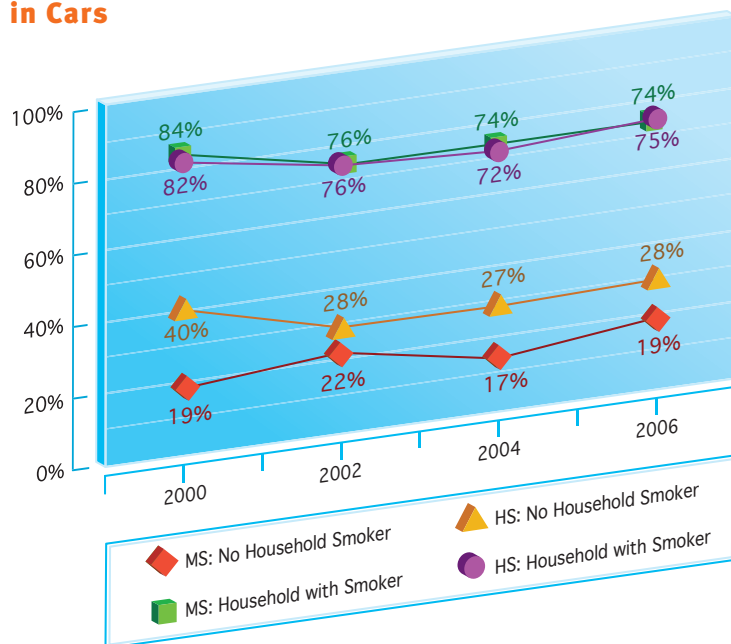
IIA. PERCENTAGE OF INDIANA MIDDLE AND HIGH SCHOOL STUDENTS WHO WERE IN THE SAME ROOM AS SOMEONE SMOKING IN THE PAST WEEK, 2000-2006

- For both middle and high school students, rates of exposure to secondhand smoke were much higher for those who had someone who smokes in their household.
- Exposure to secondhand smoke in a room significantly declined for all high school students.
- For those who live with someone who smokes, the rates went from 90% to 86%.
- For those who do not live with someone who smokes, the rates declined from 63% to 53%.
- Among middle school students, trends remain relatively unchanged.

III. Secondhand Smoke Exposure in Cars

IIIA. PERCENTAGE OF INDIANA MIDDLE AND HIGH SCHOOL STUDENTS WHO WERE IN A CAR WITH SOMEONE SMOKING IN THE PAST WEEK, 2000-2006

- In 2006, three-quarters of both middle school and high school students who live with someone who smokes were exposed to secondhand smoke in a car in the past week.
- However, exposure to secondhand smoke in a car significantly declined between 2000 and 2006 for all high school students, and for middle school students who live with someone who smokes.



Summary

Each week, a significant number of Indiana youth are still exposed to secondhand smoke in rooms and cars. While secondhand smoke exposure has decreased since 2000, those downward trends have recently slowed down. In 2006, more than 80% of middle and high school students who live with someone who smokes reported being exposed to secondhand smoke in a room on at least 1 of the past 7 days, and three-quarters of students who live with someone who smokes were in a car with someone smoking during the past week.

Recent increases in the percentage of the population in Indiana covered by smoke-free laws may encourage further reductions in secondhand smoke exposure. In addition, because parents are in control of regulating the household environment, interventions to reduce secondhand smoke among youth should address adult attitudes and behaviors.